



		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WK 1		19-Dec	20-Dec	21-Dec	22-Dec	23-Dec	24-Dec	25-Dec
BREAKFAST	Feature H Cereal	Orange French Toast	Egg, Avocado and Bacon Sandwich	Ham and Cheese Omelet	Buttermilk Waffles	Biscuit and Sausage Gravy	French Toast	Banana Pancakes
	Soup of the Day	TBA	TBA	TBA	Chicken Noodle	Pasta Fagioli		
	Soup of the Week							
	Salad of the Week				Edamame-Orange Salad			
NOON MEAL	AL/MC	Tuna Tortellini Salad Plate	Chicago-Style Hot Dog	Greek Salad with Shrimp	Sausage and Bean Pasta	Crab Macaroni and Cheese	Cuban Pork	Christmas Dinner
	AL/MC	Roast Beef Sandwich with Rosemary Aioli chickpea and tomato salad	Mushroom Bolognese	French Onion Grilled Cheese Sandwich marinated cucumbers	Tahini Chicken with Mango Salad	Egg Salad Sandwich	Pesto Turkey Sandwich	Christmas Dinner
	Sides		French Fries Pasta Cauliflower			Green Salad	Black Beans and Rice	
	Bread Dessert	Dinner Roll Pumpkin Pie	Wheat Roll Lemon Squares	Dinner Roll Butterscotch Pudding	Garlic Bread Coconut Cream	Wheat Roll Chocolate Cake	Dinner Roll Lemon Cream Cake	
EVENING MEAL	AL/MC	Chicken Scampi	Pork Tenderloin with Blueberry Jus	Roast Turkey	Pot Roast	Chicken with Peach Sauce	Fish and Chips	Chicken Salad Sandwich on Wheat
	AL/MC	Parmesan Crusted Steak	Chicken Diavlo	Stir Fry Beef	Baked Cod	Flat Iron Steak with Red Wine Sauce	American Chop Suey	Italian Deli Sandwich or loaded Veggie Burger
	Sides	pasta grilled veggies potato gratin	Couscous carrots	stuffing sugar snap peas noodles	Wild Rice Red Potatoes Sauteed Zucchini	Quinoa Broccoli Cheese Sauteed Mushrooms		
	Bread Dessert	Dinner Roll Lemon Meringue Pie	Wheat Roll Pear Crisp	Dinner Roll Strawberry Rhubarb Crisp	Dinner Roll Forest Pie	Wheat Roll Cherry Pie	Dinner Roll	

Weekly Desserts

Brownie a la Mode

Fresh Fruit with Whipped Cream