



		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WK 1		12-Sep	13-Sep	14-Sep	15-Sep	16-Sep	17-Sep	18-Sep
BREAKFAST	Feature	Breakfast Sandwich	French Toast	Farmers Scramble	Waffle	Veggie Omelet	Corned Beef Hash and Eggs	Banana Pancakes
	H Cereal							
Soup of the Day		Hungarian Mushroom	Lobster Bisque	Tomato Basil	Lentil	Minestrone	Minestrone	Carrot Ginger
Soup of the Week					Fish Chowder			
Salad of the Week					Artichoke Salad			
NOON MEAL	AL/MC	Spinach Berry Salad	Apple Chicken Wrap	PEI Mussels	bacon Pinapple Pizza	Caesar Calamari	Ruben	Chicken Bacon Ranch Sandwich
	AL/MC	Italian Sub	Grill Cheese with Tomato	Turkey Club	Chicken Pepper Pasta	Fried Chicken Wings	Goat Cheese Blueberry Salad	Hummus Tomato Spinach wrap
	Sides							
	Bread Dessert							
EVENING MEAL	AL/MC	Cheese Ravioli	Eggplant Parm	Baked White Fish	Steak Tips	Pot Roast Dinner	Fish and Chips	Turkey Dinner
	AL/MC	Ham Dinner	Meatloaf	Mac and Cheese	Salmon	Lobster Ravioli	Pork	Lemon Spinach Tomato Pasta
	Sides							
Bread Dessert								

Weekly Desserts

Brownie a la Mode

Fresh Fruit with Whipped Cream