



		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WK 1		5-Sep	6-Sep	7-Sep	8-Sep	9-Sep	10-Sep	11-Sep
BREAKFAST	Feature	Orange French Toast	Egg, Avocado and Bacon Sandwich	Ham and Cheese Omelet	Buttermilk Waffles	Biscuit and Sausage Gravy	French Toast	Banana Pancakes
	H Cereal							
Soup of the Day		TBA	TBA	TBA	Chicken Noodle	Pasta Fagioli		
Soup of the Week								
Salad of the Week					Edamame-Orange Salad			
NOON MEAL	AL/MC	Tuna Tortellini Salad Plate	Chicago-Style Hot Dog	Greek Salad with Shrimp	Sausage and Bean Pasta	Crab Macaroni and Cheese	Cuban Pork	Mozzarella, Ham and Jam Sandwich
	AL/MC	Roast Beef Sandwich with Rosemary Aioli	Mushroom Bolognese	French Onion Grilled Cheese Sandwich	Tahini Chicken with Mango Salad	Egg Salad Sandwich	Pesto Turkey Sandwich	Eggplant, Pesto and Feta Cheese Pizza
	Sides	chickpea and tomato salad	French Fries Pasta Cauliflower	marinated cucumbers		Green Salad	Black Beans and Rice	Ambrosia Veggie Salad
	Bread Dessert	Dinner Roll Pumpkin Pie	Wheat Roll Lemon Squares	Dinner Roll Butterscotch Pudding	Garlic Bread Coconut Cream	Wheat Roll Chocolate Cake	Dinner Roll Lemon Cream Cake	Cornbread
EVENING MEAL	AL/MC	Chicken Scampi	Pork Tenderloin with Blueberry Jus	Roast Turkey	Pot Roast	Chicken with Peach Sauce	Fish and Chips	Chicken Cacciatore
	AL/MC	Parmesan Crusted Steak	Chicken Diavlo	Stir Fry Beef	Baked Cod	Flat Iron Steak with Red Wine Sauce	American Chop Suey	Braised Beef Brisket w/Honey Lime Glaze
	Sides	pasta grilled veggies	Couscous carrots	stuffing sugar snap peas	Wild Rice Red Potatoes	Quinoa Broccoli Cheese		Polenta Edamame Succotash
	Bread Dessert	potato gratin Dinner Roll Lemon Meringue Pie	Wheat Roll Pear Crisp	noodles Dinner Roll Strawberry Rhubarb Crisp	Sauteed Zucchini Dinner Roll Forest Pie	Sauteed Mushrooms Wheat Roll Cherry Pie	Dinner Roll	Focaccia

Weekly Desserts

Brownie a la Mode

Fresh Fruit with Whipped Cream