



|                   |                  | Sunday                            | Monday                               | Tuesday                                     | Wednesday                                | Thursday                                          | Friday                                   | Saturday                               |
|-------------------|------------------|-----------------------------------|--------------------------------------|---------------------------------------------|------------------------------------------|---------------------------------------------------|------------------------------------------|----------------------------------------|
| WK 1              |                  | 29-Aug                            | 30-Aug                               | 31-Aug                                      | 1-Sep                                    | 2-Sep                                             | 3-Sep                                    | 4-Sep                                  |
| BREAKFAST         | Feature          | Breakfast Sandwich                | French Toast                         | Farmers Scramble                            | Waffle                                   | Veggie Omelet                                     | Corned Beef Hash and Eggs                | Banana Pancakes                        |
|                   | H Cereal         |                                   |                                      |                                             |                                          |                                                   |                                          |                                        |
| Soup of the Day   |                  | Hungarian Mushroom                | Lobster Bisque                       | Tomato Basil                                | Lentil                                   | Lentil                                            | Lentil                                   | Chicken Noodle                         |
| Soup of the Week  |                  |                                   |                                      |                                             | Italian Wedding                          |                                                   |                                          |                                        |
| Salad of the Week |                  |                                   |                                      |                                             | Artichoke Salad                          |                                                   |                                          |                                        |
| NOON MEAL         | AL/MC            | Pasta a la Vodka                  | Beef, and Carmelized Onion Sandwich  | Grilled Chicken and Guacamole Sandwich      | Shepherds Pie                            | Beef and Bean Chili                               | Hot Pastrami                             | BBQ Chicken Sandwich w/Bacon & Cheddar |
|                   | AL/MC            | BBQ Pork Sandwich                 | Bistro Chicken Salad and Fruit Plate | Beef Taco Salad                             | Vegetable Curry                          | Fried Chicken Wings                               | Cheddar, Tomato, and Pesto Sandwich      | Turkey Salad Croissant                 |
|                   | Sides            | Fries<br>Coleslaw                 | Sweet Fries                          | Charred Corn salad                          | French Fries<br>Jasmine Rice             | Tortilla Chips<br>Potato Salad                    | Bean salad                               | Corn Bread<br>Potato Chips             |
|                   | Bread<br>Dessert | Dinner Roll<br>Cannolis           | Wheat Roll<br>Lemon Meringue Pie     | Dinner Roll<br>Apple Cranberry Pie          | Garlic Bread<br>Pumpkin Pie              | Wheat Roll<br>Strawberry Shortcake                | Dinner Roll<br>Cherry Pie                | Cornbread<br>Tiramisu                  |
| EVENING MEAL      | AL/MC            | Beef Stroganoff                   | Chicken And Mango                    | Beef w/White Wine Sauce                     | Meat Loaf                                | Cod                                               | Chicken and Orzo Bake                    | Linguine with White Clam Sauce         |
|                   | AL/MC            | Salmon                            | Baked Manicotti                      | Ham Cobb Salad                              | Baked Pollock with Mushrooms and Spinach | Pork Stir-fry                                     | Fish and Chips                           | Roast Beef                             |
|                   | Sides            | Black Beans & Rice<br>Green Beans | Roasted Potatos                      | Hasselback Potatoes<br>Green Beans          | Orzo w/Lemon & Herbs<br>Creamed Peas     | Mashed Sweet Potato<br>Garlic Roasted Cauliflower | french fries<br>coleslaw<br>Baked Potato | Red Potatoes<br>Asparagus              |
|                   | Bread<br>Dessert | Dinner Roll<br>Watermelon         | Pasta<br>Wheat Roll<br>Pumpkin Pie   | Dinner Roll<br>Donut & Raisin Bread Pudding | Dinner Roll<br>Peach Ginger Crisp        | Wheat Roll<br>Pudding and cream                   | Dinner Roll<br>Apple-Rhubarb Pie         | Focaccia<br>Tapioca Pudding            |

Weekly Desserts

Brownie a la Mode

Fresh Fruit with Whipped Cream