



		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WK 1		20-Feb	21-Feb	22-Feb	23-Feb	24-Feb	25-Feb	30-Oct
BREAKFAST	Feature	Breakfast Sandwich	French Toast	Farmers Scramble	Waffle	Veggie Omelet	Corned Beef Hash and Eggs	Banana Pancakes
	H Cereal							
Soup of the Day							Broccoli Cheese	
Soup of the Week								
Salad of the Week								
NOON MEAL	AL/MC	Italian Deli Sandwich	Shrimp cocktail	Greek Style Frittata	Tuna salad sandwich		Broccoli Cheese Potato	Crispy Fish Sandwich
	AL/MC	Spinch tomato Mozz Flatbread	Grilled honey mustard chicken wrap	Blt wrap	Egg salad Croissant	Chicken Caesar salad wrap	Pear Salad	Open Face Turkey
	Sides							
	Bread Dessert							
EVENING MEAL	AL/MC	Pork shank	mahi mahi	Risotto Primavera	Maryland shrimp and Crab cake	Braised Italian Beef	Beef Stuffed Pepper	Pork Picatta
	AL/MC	Grilled Beef and Broccoli	maple bacon chicken	Bacon wrapped Meatloaf	Spinach Lasagna	Chicken Confit	Southern Fried Fish	Chicken Fricassee
	Sides							
	Bread Dessert							

Weekly Desserts

Brownie a la Mode  
Fresh Fruit with Whipped Cream