



		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WK 1		13-Feb	14-Feb	15-Feb	16-Feb	17-Feb	18-Feb	19-Feb
BREAKFAST	Feature	Breakfast Sandwich	French Toast	Farmers Scramble	Waffle	Veggie Omelet	Corned Beef Hash and Eggs	Banana Pancakes
	H Cereal							
	Soup of the Day							
	Soup of the Week							
Salad of the Week								
NOON MEAL	AL/MC	Spinach Berry Salad	Apple Chicken Wrap	shrimp pasta	Italian Sub	Caesar Calamari	Fried Chicken Wings	Chicken Bacon Ranch Sandwich
	AL/MC	Bacon Pinapple Pizza	Grill Cheese with Tomato	Turkey Club	Chicken Pepper Pasta	Fried Chicken Wings	Goat Cheese Orange Salad	Hummus Tomato Spinach wrap
	Sides							
	Bread Dessert						Pudding and Cookie	Bavarian Cream Puffs
EVENING MEAL	AL/MC	Cheese Ravioli	Eggplant Parm	Baked White Fish	Steak Tips	Pot Roast Dinner	Fish and Chips	Lemon Spinach Tomato Pasta
	AL/MC	Ham Dinner	Meatloaf	Mac and Cheese	Salmon	Lobster Ravioli	Pork	Lobster Ravioli
	Sides							
	Bread Dessert							Bread Pudding

Weekly Desserts

Brownie a la Mode

Fresh Fruit with Whipped Cream