



		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WK 1		30-Jan	31-Jan	1-Feb	2-Feb	3-Feb	4-Feb	5-Feb
BREAKFAST	Feature	Breakfast Sandwich	French Toast	Farmers Scramble	Waffle	Veggie Omelet	Corned Beef Hash and Eggs	Banana Pancakes
	H Cereal							
Soup of the Day				Broccoli Cheese				
Soup of the Week					Chicken Tortilla			
Salad of the Week								
NOON MEAL	AL/MC	Broccoli and Cheese Stuffed Baked Potato	Apple, Cheddar, and Carmelized Onion Quesadilla	Open Faced Turkey Club	Tuna Salad Sandwich	Egg Salad Sandwich	Corned Beef Sandwich	Turkey Bacon Sandwich
	AL/MC	Bacon and Potato Frittata	Meatloaf Sandwich	Pulled Pork Sandwich	BLT	Fried Chicken	Veggie Hummus Wrap	Pulled Pork Pita
	Sides							
	Bread Dessert							
EVENING MEAL	AL/MC	Grilled Siriloin Steak	Roasted Pork Tenderloin and Bacon Jam	Sweet and Sour Chicken	Asian Garlic Ginger Ribs	Eggplant Parmesan	Fish and Chips	Roast Salmon
	AL/MC	Rotisserie Spiced Chicken Quarters	Grilled Honey Mustard Chicken	Penne Pasta with Shrimp and Parmesan Cream	Florentine-Stuffed Shells	Greek Dinner Salad with spiced Beef Kabobs	Shepherd's Pie	Creamy Vegetable Primavera
	Sides							
Bread Dessert						Pecan Pie		

Weekly Desserts

Brownie a la Mode  
Fresh Fruit with Whipped Cream